

“Om Santal Adivasi”™

The name OSA™ (*Om Santal Adivasi*) was originally chosen in 1988 by the Founder of Santal Solutions following his invention of the Ayurvedic Virgin Isolate technology. OSA™ symbolizes this re-creation of the Santal Tribe’s Ayurvedic methods to retain the *labile compounds* of the *Active Principles*. OSA™ is an Ayurvedic virgin isolate that is wild-crafted and sustainable.



is a
Clinically Proven
Gymnema sylvestre
Proprietary Leaf Extract

Use as part of your diet to help maintain **blood sugar and cholesterol** levels that are already within the normal range*

◆ Distributed by:



Santal Solutions LLC
Neenah, WI 54957, USA
TOLL FREE 1-800-414-8624

Product of India

www.santalsolutions.com

◆ Under License from Ayurvedic-Life Intl., LLC Neenah, Wisconsin 54957 U.S.A.
Copyright © 2007 Santal Solutions LLC. All Rights Reserved

Ayurvedic Solutions for a Modern World™

Yes. “Less is More”™

OmSanA™ requires about **one-third** the normally recommended dosage of competing supplements.



60 Vegetarian Capsules

Read the full story inside...

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

OmSanA® Frequently Asked Questions

Gymnema sylvestre Virgin Isolate

What is OmSanA®?

OmSanA® is a proprietary processed, all natural nutritional supplement, which can be used as part of your diet to help maintain blood sugar and cholesterol levels that are already within the normal range.* OmSanA® is the result of more than 20 years of international research and development.



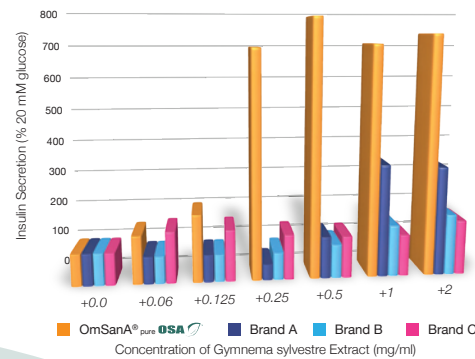
OmSanA®'s History

Arun K. Chatterji, Ph.D

OmSanA®'s active ingredient, OSA™, is a proprietary processed Virgin Isolate, aqueous extract of the *Gymnema sylvestre* leaf, an ancient Ayurvedic plant, which is a woody climbing plant, and grows naturally in the Indian sub-continent. *Gymnema sylvestre* leaf and extracts have, reportedly, been used in Indian 'folk medicine', since 6000 B.C. Several Tribes, including the Santals, in east-central India, have used *Gymnema sylvestre* leaves for centuries in their diet and as a folk remedy. The *Gymnema sylvestre* leaves are used in herbal preparations, which, when chewed, interfere with the ability to taste sweetness.

The name OSA™ (*Om Santal Adivasi*) was originally chosen in 1988 by Dr. Arun K. Chatterji, Founder, Chairman and CEO of Santal Solutions following his invention of the Ayurvedic Virgin Isolate technology. OSA™ symbolizes this re-creation of the Santal Tribe's Ayurvedic methods to retain the *labile compounds* of the *Active Principles*. This was achieved by the Ayurvedic extraction of the fresh, and cool air-dried *Gymnema sylvestre* leaves, under specific conditions. Today, endocrine research and several clinical studies in general, and our own *In Vitro* and *In Vivo* research on OmSanA® continue to further validate the unique nature of OmSanA®'s active ingredient, OSA™.

Effect of Ayurvedic Products on Insulin Secretion (at 20mM glucose)



Why buy OmSanA® when there are countless other brands available on the market?

OmSanA® requires only **one-third the normal dosage** due to its unique "less is more™" property. Moreover, recent cellular research at King's College London has shown OmSanA® (OSA™) to be up to 400% more active than the leading *Gymnema sylvestre* based products.

Can OmSanA® be taken along with prescription medications?

It is extremely important to work with a physician before supplementing with OmSanA®. Taking OmSanA® may require dosage adjustments of existing therapies. Caution should be exercised when taking OmSanA® along with prescription medications (including oral hypoglycemics or insulin). Please note that the combination of OmSanA® and prescription medications could adversely affect blood-sugar levels.

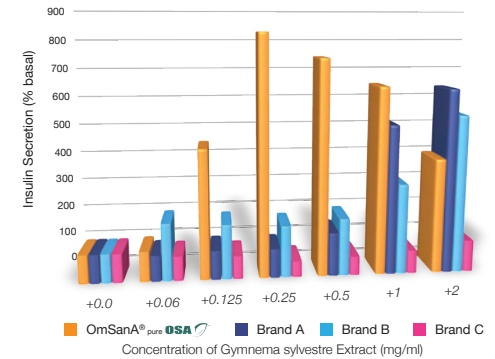
Are there any side effects to taking OmSanA®?

To date, no side effects have been reported at normal dosages (500mg - 750mg/day), but researchers have not established whether this herb is absolutely safe for pregnant women or during lactation. (In clinical trials a dosage of 1500mg/day resulted in occasional irregularities in menstrual cycle and slight green coloration of the stool.)

How long do I have to take OmSanA® before I see any results?

Individual results will vary, however clinical trials have shown results as early as 30 days.

Effect of Ayurvedic Products on Insulin Secretion (at 2mM glucose)



Have any studies been done on OmSanA®?

The results of our several human clinical studies have shown OmSanA® to have no significant side effects.

Is OmSanA® a standardized herbal extract?

Yes, standardization of herbal extracts assures product consistency, OmSanA®'s proprietary extraction process supports a high level of consistency as well as preserves the *labile compounds* of the *Active Principles*. In addition, Santal Solutions adheres to Good Manufacturing Practice (GMP) and stringent quality controls.

Scientifically Validated

OmSanA® has been scientifically validated by cellular level research and clinical studies. Its formula has been subjected to the modern scrutiny of clinical testing and quality is controlled through the use of Good Manufacturing Practice (GMP).

Suggested Reading on the History, Patents, and Research Publications on *Gymnema sylvestre*:

- 1) McCaleb, "Historic Herbals of Ayurvedic Medicine", Better Nutrition, July, 1994
- 2) Chatterji, Arun K.- U.S. Patent 6,949,261 Sept. 27, 2005
- 3) Chatterji, Arun K.- U.S. Patent 6,946,151 Sept. 20, 2005
- 4) Chatterji, Arun K.- U.S. Patent 7,115,284 Oct. 3, 2005
- 5) H Asare-Anane, GC Huang, SA Amiel, PM Jones and, SJ Persaud "Stimulation of insulin secretion by an aqueous extract of *Gymnema sylvestre*: role of intracellular calcium" Society of Endocrinology Conference, London, UK, Nov 7-9, 2005
- 6) Chatterji, Arun K. "Gymnema Sylvestre - Historic Ayurvedic Plant from 6000 B.C., to folk medicine of the Santal tribe for millienea, to Ayurvedic Dietary Supplement for Modern World", Second Diabetes-India International Conference, Jaipur, India, Nov. 21-23, 2005



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.